



## Divorce Impasse Counselling - Part 1: Basic Concepts & Clinical Applications

### Workshop Schedule

#### Friday, February 26, 2010

1:30-2:00pm	Registration
2:00-3:30pm	Characteristics of high conflict families: Risk factors for children
3:30-3:45pm	Afternoon break (refreshments provided)
3:45-5:00pm	The effects of conflicted parental relationships: Children's coping and developmental outcomes
5:00-6:00pm	Dinner break
6:00-7:30pm	The "Divorce Impasse" Model: Understanding the family dynamics
7:30-7:45pm	Evening break (refreshment provided)
7:45-9:00pm	An overview of current legal and clinical approaches in managing and treating high conflict cases

#### Saturday, February 27, 2010

10:00-11:30am	Differentiating high conflict from abuse and alienating behaviour: A prerequisite to therapeutic planning
11:30-11:45am	Morning break (refreshments provided)
11:45-1:00pm	Individual counselling with children: Goals, strategies and techniques
1:00-2:00pm	Lunch break
2:00-4:00pm	Decreasing Parental Conflict: Goals and Strategies
4:00-4:15pm	Afternoon break (refreshments provided)
4:15-5:45pm	Systemic Approaches/Working with estranged and alienated children and their parents
5:45-6:00pm	Wrap-up and course evaluation

## **About the Instructor:**

### **Dr. Helen Radovanovic, Ph.D., C. Psych.**

*Dr. Helen Radovanovic is a registered psychologist in private practice. She is a founding member of the Toronto-based "Family Solutions", a private practice organization that offers services to separating and divorcing families and also to professionals who work with these families through mentorships, internships, training and consultation.*

*Her teaching and mentoring experience includes Assistant Professor with the Department of Psychiatry, University of Toronto, and a former staff psychologist at the Family Court Clinic, Centre for Addiction and Mental Health. In addition, Dr. Radovanovic has provided education and training for mental health interns and mental health agencies.*

*An established leader in dealing with high-conflict, separated families, Dr. Radovanovic has conducted research, published in peer-reviewed journals and presented extensively at professional conferences to share her findings and knowledge in this area of mental health. Dr. Radovanovic graduated from York University in Toronto in 1990 with a Ph.D. in Developmental-Clinical Psychology.*