



Essentials of Family Therapy: Part 1 Course Schedule

Friday September 17, 2010

1:30-2:00pm	Registration
2:00-3:30pm	The whole is more than the sum of its parts: Understanding families from a systemic perspective Clinical considerations in the applications of family therapy
3:30-3:45pm	Afternoon break (refreshments provided)
3:45-5:00pm	Family life cycle and developmental challenges
5:00-6:00pm	Dinner break
6:00-7:30pm	Core ingredients in family therapy across therapeutic models
7:30-7:45pm	Evening break (refreshment provided)
7:45-9:00pm	Family Assessment

Saturday September 18, 2010

10:00-11:30am	Core therapeutic skills in family therapy: Part 1
11:30-11:45am	Morning break (refreshments provided)
11:45-1:00pm	Core therapeutic skills in family therapy: Part 2
1:00-2:00pm	Lunch break
2:00-4:00pm	How to structure family therapy: From intake to termination
4:00-4:15pm	Afternoon break (refreshments provided)
4:15-5:45pm	Putting everything together
5:45-6:00pm	Completion of evaluation forms

About the Instructor: Kenneth Kwan, PhD., RMFT, C. Psych.



Dr. Kenneth Kwan is a registered psychologist in clinical and counselling psychology with children, adolescents, adults, couples and families as his primary client groups. During more than 20 years of clinical counselling experience, Dr. Kwan has held various clinical positions and leadership roles including Clinical Director of Family Services York Region. Through his private practice, Dr. Kwan provides clinical consultation to practicing mental health clinicians and psychologists. Currently, he provides clinical consultation to social workers on the community health team of Access Alliance Multicultural Health and Community Services, Toronto.

Dr. Kwan has worked with clients on issues that include anxiety, depression, trauma, PTSD, ADHD, conduct and school problems, family relationship conflicts, couple relationship difficulties, coping with chronic illness and injuries, domestic violence and child abuse and sexual dysfunctions. He uses a variety of therapeutic modalities including emotionally-focused therapy, cognitive behavioural therapy, structural family therapy and narrative therapy.

Dr. Kwan was first registered as a chartered psychologist with the College of Alberta Psychologists in 1988 and with the College of Psychologists of Ontario in 2003. He is also a registered marriage and family therapist, clinical member and approved supervisor with the American Association for Marriage and Family Therapy (AAMFT), and a registered sex therapist and approved supervisor with the Board of Examiners in Sex Therapy & Counselling in Ontario (BESTCO). Dr. Kwan received his Ph.D. in Community Psychology from the University of Toronto in 2002. He also completed additional post-doctoral training for his registration in Clinical and Counselling Psychology with the College of Psychologists of Ontario. Prior to that, Dr. Kwan completed his M.Ed. in Educational Psychology in Special Education with a minor in Counselling Psychology and his M.ED. in Educational Foundations in Inter-Cultural Education, at the University of Alberta (1986 and 1981, respectively).

Dr. Kenneth Kwan is the Founder and Executive Director of Oshawa Psychological & Counselling Services serving Oshawa and surrounding communities in Durham Region, and of Woodbine Psychological & Counselling Services serving Markham and surrounding communities in York Region. He is also the founder and Executive Director of the Oshawa Psychotherapy Training Institute.