



OSHAWA
Psychotherapy
TRAINING INSTITUTE
DIALECTICAL BEHAVIOUR THERAPY SERIES



DR. LISA BURCKELL PhD, CPsych
DBT-LINEHAN BOARD OF CERTIFICATION CERTIFIED CLINICIAN™

FREE ONLINE DBT SEMINAR

Featuring an Introduction to Assessing & Building Commitment

TUESDAY, DECEMBER 14, 2021—12:00 PM EST

FREE ONLINE DBT SEMINAR

Join us for this free one-hour lunchtime meet and greet with DBT-Linehan Board of Certification Certified Clinician™ Dr. Lisa Burckell. Dr. Burckell teaches OPTI's DBT Foundation (Part 1), Clinical (Part 2) and Case (Part 3) workshops and will discuss how DBT training can enhance clinical practice. She will also provide an overview of her workshop content, including an introduction to strategies to assess and build commitment. These free online seminars are a great way to interact with some of OPTI's acclaimed workshop presenters, ask questions, and learn more about their OPTI workshops.

REGISTER FOR FREE VIA OUR WEBSITE: www.oshawapsychotherapytraining.com

ABOUT THE PRESENTER

Dr. Lisa Burckell is a DBT-Linehan Board of Certification Certified Clinician™ who received her Ph.D. in 2007 from Stony Brook University and completed both a predoctoral and postdoctoral fellowship in the Borderline Personality Disorder Clinic at the Centre for Addiction and Mental Health (CAMH) in Toronto, Ontario. She joined the Borderline Personality Disorder Service at St. Joseph's HealthCare Hamilton in 2009 to head up the implementation of outpatient Dialectical Behaviour Therapy (DBT). Dr. Burckell left St. Joe's in 2018 to focus on her private practice, DBT Hamilton, that she founded in 2016. At DBT Hamilton, she conducts individual and group DBT and psychological assessments, supervises learners, and consults with other teams. Dr. Burckell has published peer-reviewed journal articles and has made several presentations at international scientific meetings. Dr. Burckell's research focuses on therapeutic processes and outcome in the treatment of borderline personality disorder, the evaluation of treatment for PTSD among individuals with co-occurring BPD and PTSD, and the influence of shame and self-compassion on the treatment outcomes for individuals participating in DBT.

LEARN MORE

Dr. Burckell returns to OPTI in January 2022 for her workshop "DBT Foundations", a four-part program that provides a foundational overview of Dialectical Behaviour Therapy, covering the basics of practice, including biosocial theory and how to competently structure DBT sessions in clinical practice. Click here for more info:

<https://www.oshawapsychotherapytraining.com/workshop/dbt-foundations/>

MORE INFORMATION

EMAIL US AT: info@oshawapsychotherapytraining.com